

## Do Something Great in 2008

To earn the badge, members need to complete a number of challenges from each of the three sections;

- Individual - You and the Community
- Your Unit and the Community
- Unit - Us and the Community

Rainbows: 1 challenge per section  
Brownies: 2 challenges per section  
Guides, Senior Section and adult members: 3 challenges per section

**Objective:** To try something new, extend a skill to a new level, encourage thinking of others whilst having fun.

**Who is the Challenge for?** Anyone in the movement

Please let us know how you go with this challenge using the feedback form at the back of this resource.



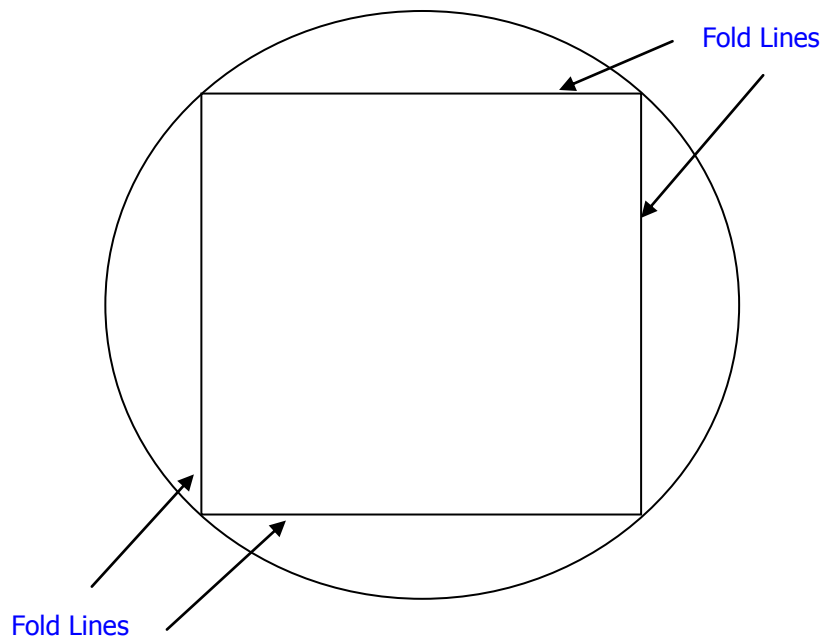
To purchase badges or get more copies of this resource, please use the order form at the back of this resource or contact;

Miss Carrie Green  
21 Urquhart Road, Thatcham, Berkshire, RG19 4RE  
Email: [carriegreen@gmail.com](mailto:carriegreen@gmail.com)

## Individual - You and the Community

1. Learn to knit, then knit squares using brightly coloured wool which can then be sewn together to make a blanket.
2. Learn to sing a song in another language.
3. If you are going abroad on holiday, learn some basic words and phrases before you go. Make sure you try and use them while you are away.
4. In a patio pot or planter grow a few different herbs to use in salads and cooking throughout the year.
5. Do a sponsored walk that is longer than you have tried before for a charity of your choice. (Please check the guiding manual for safety requirements)
6. Look after the birds in your area by putting out food and water for them regularly. Keep a record of the birds you see.
7. Visit an elderly neighbour or relative on a regular basis - maybe you could help with their shopping or just be there for a chat.
8. Take up a new hobby and continue it for at least 3 months (Rainbows and Brownies), 6 months (Guides upwards).
9. Paint a flower pot, then in the autumn plant hyacinths or daffodils in it as a Christmas gift.
10. Write a story for someone special in your life.
11. Draw pictures of what is important to you and what you would like in your community.
12. Make your ideal mini village in a shoebox with small models of buildings, trees, roads, parks and leisure centres etc. In groups talk about your mini village and how it compares to the area where you live.
13. Everyone brings in 'waste' items to the meeting and make sculptures from the waste e.g. drinks cans, newspapers, magazines, drinks bottles, tin cans etc. Discuss recycling, the environment and your sculpture.
14. Make a 'symbol' out of people which would represent your unit that is then photographed from above (like the TalkTalk advert). For instance: Rainbows could make up an eye, smile, question mark and a heart (for look, laugh, learn, love). This can be applied to any age group, but may be more complicated. How about, sending it off to your local paper to advertise Guiding in your area!

15. Make a list of things that are either good or bad about your community.
- Choose six of them as your favourites.
  - Using the template below, cut out six copies onto thin card. Fold each circle along the lines indicated on the diagram and then stick/staple all the flaps together to join all six copies up, with the flaps pointing out. You should end up with a globe. Attach a length of thread to one flap, so that you will be able to hang up the globe of community favourites when it is finished.



## Unit - Your Unit and the Community

1. Invite your local MP to your meeting, and ask them about difficulties in your area. Then see if you can meet the MP at the Houses of Parliament.
2. Take part in a unit sleepover, working for an Interest badge during that time.
3. Hold a 'get to know you' evening, finding out as much as you can about all the members e.g. bring in baby photos, play get to know you/ice breaker games.
4. Invite past members of the unit to come and tell how Guiding was in their time, what they did, the uniform they wore as a brownie or guide.
5. Invite someone to speak to the unit about eating healthily, and the problems of eating disorders.
6. Find out when your unit was started, then hold an evening of activities typical of that time.
7. Hold a pamper evening - give yourselves a foot soak or hand massage, make bath bombs etc.
8. Make a unit memories book - everyone could create and insert a page about themselves, with information about e.g. hobbies, favourite Guiding moments, photos etc.
9. Arrange a visit to a local radio or TV station. See if they will let you go 'on air' to say how great Guiding is. How about getting in touch with the county PR advisor for more information.
10. Visit a theme park, encouraging everyone to try a ride they've not been on before.
11. Invite a sports coach to visit, giving tips on their speciality.
12. First aid - Make a poster of what to do in an emergency.
  - a. Rainbows - how to contact the emergency services
  - b. Brownies - how to treat a burn
  - c. Guides - how to put someone in the recovery position and why
 Invite The Red Cross or St John Ambulance to a meeting who can show the girls what to do if they hurt themselves and how to help others.
13. Choose an area of your meeting place that needs tidying up; get the Brownies to clean it up, if it's outside maybe plant new bulb/herbs in the borders or add some flower pots.
14. Plan a walking route around your meeting place. Make notes about where litter is a problem. What type of litter is there? And are there enough bins? Identify the area your group is going to target. Write to your local council with your findings.

15. Produce a page/article in your local newspaper, which provides information on what your unit has been doing within the community and what events are coming up in your unit.
16. Litter Pick;
  - Split the unit into groups and look for the litter in and around the meeting place.
  - Work out a scoring system for the litter that the groups are likely to collect e.g. crisp packets (2 points), Drink cans (3 points) and sweet papers (1 points).
  - Give each group 45 minutes to collect as much litter in the target area as possible.
  - The groups then sort the litter out according to the scoring system.
  - Recycle the rubbish as appropriate.
  - Give the winning team a prize.

## Unit - Us and the Community

1. Hold a 'coffee and cake' evening or morning to raise money for charity.
2. Ask your local church or place of worship if you can spring clean it, or clean the brass, silver etc. Maybe you could do it as a sponsored event.
3. Find out as much as you can about the disappearing rain forest. Can each member of the unit donate some pocket money to buy an acre of rainforest? There are charities around where you can buy an acre for about £25.
4. Challenge each member to find a different Good Turn to do each day for a week, keeping a record of what they do.
5. Find out about members of the Guide Association in a developing country. Try to find a unit to correspond with.
6. Organise a party for the local community.
7. Make a wall hanging to donate to a group in the community to decorate their meeting place.
8. Undertake a study of food packaging, then write to the supermarkets campaigning for less packaging and more environmentally friendly packaging.
9. Get the girls to be responsible for a small part of a garden or a window box of herbs at their meeting place.  
Or  
Contact local authorities and adopt a planting area within the community and get sponsorship from local businesses to help fund the materials needed to complete the project.  
Or  
Contact your local Police/Fire/Ambulance station and ask if you and the girls could maintain or introduce flowerpots to the front of the station.
10. Organise a recycling collection within the community or at your unit's meeting place.
  - Invite a local representative from an environmental organisation to come along to the meeting and talk about recycling and the environment.
 OR
  - Carry out a pollution survey in your local area. Look at the amount of litter that is around local footpaths, playing fields, streams etc.
  - Put the results on the wall at your meeting place or send them to your local council environmental officer to make the local community more aware.
11. Find out ways in which you can help with charity projects either in a practical way or by raising awareness or fundraising.

12. Give the Guides/Senior Section a map of your local area with specific places shown with a cross. The task is to find the areas shown on the map;
  - At each site the Guides will find a bug and butterfly
  - On the bug the Guides write what bugs them about the site, on the butterfly they write what they like about the site. E.g. Bugs might include vandalism, graffiti, smoking, drugs, alcohol or dog poo. Butterflies might include facilities, cleanliness and information.
  - Good sites to use are parks, the river bank/canal towpaths, shopping centres, youth clubs etc.
  - Bring back the findings to the meeting place and discuss how the bugs could turn into butterflies.
  
13. There are lots of possible ways to help out at your local hospital; here are a few suggestions to get you started.  
 Help run the coffee bar - contact the friends of WRVS who operate this scheme in many hospitals.  
 OR  
 Collect toys and games for the children's ward.  
 OR  
 Paint lively pictures for the corridors in the children's ward.  
 OR  
 Have a go at your own hospital radio.  
  
 Remember to consider:  
 Who should you talk to to get permission before you start?  
 How much time have you got to give?  
 Do I need a qualification or could I gain any along the way?
  
14. Many people have to trek huge distances to collect water. Keep a record of how far each person walks each week and see if the unit can walk 100 miles in 7 days!
  
15. Help organise a District Carol Service, or a festival celebration in your place of worship or town centre.
  
16. Make a list of things to do to save water and write them on decorated cards. Distribute them to parents/neighbours/school friends. Look at the WaterAid website for more ideas to help you with this.
  
17. Contact Friends of the Earth or Ground Work Trust or Council for Environmental Education and arrange to visit a local recycling plant, conservation area etc.

**Feedback Form**

We'd be very grateful if you could give us some feedback regarding this resource.

1. What did you like?  
.....
2. What didn't you like?  
.....
3. What worked well for you?  
.....
4. What else could be added?  
.....
5. Do you have any ideas for future resources?  
.....
6. Do you have any photos of your activities we could use for County PR?  
.....  
.....  
.....

**Do Something Great in 2008 Badge Order Form**

Badges are £1.20 each and postage is £1 which includes a bound copy of this resource.

Please send me ..... badges @ £1.20 each.

I enclosed a cheque for £..... made payable to Berkshire Girl Guiding.

Please send to:

Name: .....

Unit:.....

Address:  
.....  
.....

Postcode:.....

Email address: ..... (so we can confirm despatch)

Please send this order form and payment to:  
Miss Carrie Green, 21 Urquhart Road, Thatcham, Berkshire, RG19 4RE